



ANNUAL REPORT  
◆ 2019 ◆

**HEALTH HISTORY HERITAGE**





# THE ARLINGTON BATHS CLUB

Notice is hereby given that the 149th Annual General Meeting of the Arlington Baths Club will take place in the Members Lounge on Wednesday 5 June at 7.00pm.

**Fiona MacDonald**  
**Secretary**

## Agenda

1. Minutes of the AGM of 30 May 2018
2. Reports & Accounts for the year ended 31 March 2019
3. Election of Board Members
4. Any Other Competent Business

## Board Members 2018-2019

	Title	Appointment
<b>Gordon McDougall</b>	Chairman	Elected 2011
<b>Tim Pearson</b>	Treasurer	Elected 2009
<b>Fiona MacDonald</b>	Secretary	Elected 2014
<b>Alastair MacNaughton</b>		Elected 2011
<b>Lynn Henderson</b>		Elected 2017
<b>Lucy Janes</b>		Elacted 2018



## A View From The Chair

Next year will be the 150th anniversary of the foundation of the club we all support and love. And as the Arlington Baths approaches this historic milestone, there are a few important figures worth considering beyond those in our (very healthy) accounts and balance sheet.

£616

is the price of annual membership for an individual senior member.

**And we've frozen that for 10 consecutive years. Keeping fees affordable, improving facilities and reducing debts remain the key priorities for the board.**

950

is how many paying members it now takes just to break even every year.

Recruitment is crucial and last year we exceeded our target of a minimum of **1000** members every month.

2020

is of course our anniversary year and also the year we will pay off all our debts.

**10 years ago when you first elected me Chairman, we were a staggering £600,000 in the red.**

And with barely **600** members, couldn't even cover our running costs. We'll have lots to celebrate as we reach **150** years old.

£115,000

is the **surplus** generated this year from maintaining paying membership above our target level.

And every single penny of that goes into reducing debts and restoring your club.

Major investment this year sees a complete transformation of our gym changing room into a great new space for relaxation. With much improved showers, new seating, steam room and sauna, it is a touch more stylish than the previous rather functional facilities.

1

is above all, the most important number.

That **1** is you. The club is owned by you and every other member and run by your elected board.

It is your continued membership that keeps this historic institution alive. And new members are always welcome, so keep doing all you can to spread the word and recruit someone just like you.

Please remember we close for our annual shutdown at 9.30pm on Tuesday 9 July and re-open at 7am on Monday 22 July. This is as short a period possible for essential maintenance and you can use the Western Baths during this time.

Many thanks to board members, to volunteers and to our staff for all they do for us.

And lastly, my thanks to you for joining and staying with us as we ensure a unique part of Glasgow's health, history and heritage survives to serve future generations.

Enough talk, enjoy your swim!



Gordon McDougall  
Chairman

## Secretary's Report

How many of you became members of the Arlington Baths Club in the hope that it would give you the inspiration to get fitter, healthier and more active? I will leave you with that thought as work in progress!!

Reflecting on my own membership of the club for over 25 years, with a few years out of Glasgow and most recently the last five years, on the Board of Directors as the Club Secretary, I was asked by the Chair to share some personal reflections as I step down from my board role.

For those of you who love not having to worry about remembering your swimsuit or trunks and favourite shampoo every time you fancy a dip, the club makes it easy for us. For me the added bonus is you get a 'fresh white towel' and 'modesty sheet' every visit, and someone else does your laundry.

I would also make a guess that like me, you like the idea of being able to be as 'active' or as inactive as you wish; you own your own motivation to use the Arlington spaces as you wish! Each visit a totally unique experience.

Over the years I have brought a number of guests to the club as visitors. And whilst they have wandered around bemused at the quirks of where they can and cannot go depending on what day of the week they visit, they have all absolutely loved their visit. Many friends have gone away and whilst they may not have joined (which would have been good) they have become some of our social media followers, even visiting at our Doors Open Days. They have all helped raise awareness of why the club is a great place to join.

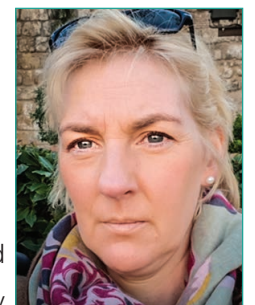
The club has gone from strength to strength, with the Board of Directors over the years dealing with the issues of the time. I have been privileged to share my time on the board with other like minded board members committed to making the club the best it can be. There has been a shared vision which has been brought to life through the story boards in the foyer, and becomes the blue print for

keeping a focus on the heritage of the club.

There has been an increasing commitment to equality and diversity within the club and this is reflected in so many ways compared to when I joined. The club has worked hard to reflect the way society, our working patterns and family life has moved forward. It is great to see so many families with children of all ages and young adults enjoying the club, alongside adults and older 'seniors', which I think is now what I would be referred to.

Finally I would like to say a special thanks to Andrew and his staff team for dealing with all the business of the club, and supporting the role of Secretary over the years and other Directors who work hard to bring the strategic plan to life.

I would encourage you all as members to stay involved in the life of the club.

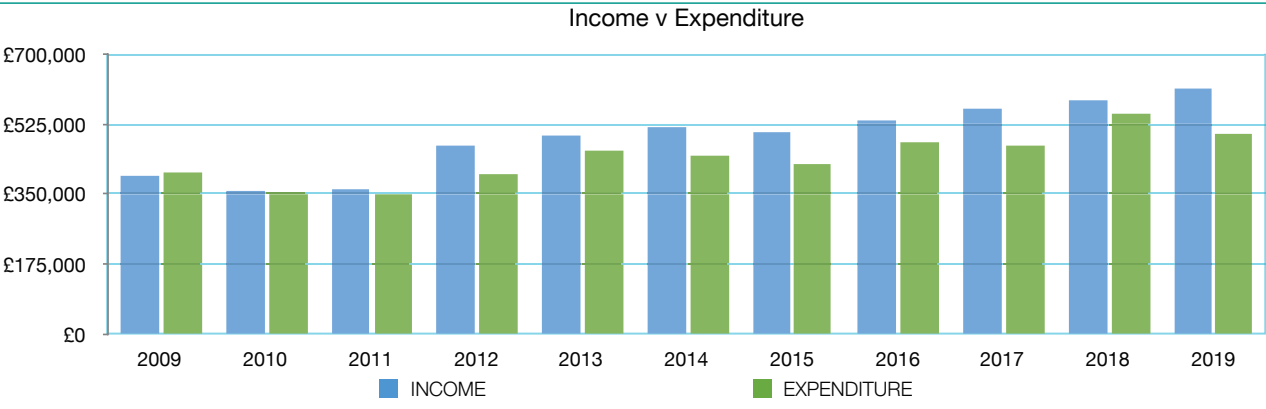


Fiona Macdonald  
Club Secretary

# Treasurer's Report

As at 31st March 2019, club membership stands at a healthy 1,219 (1,096 senior; 123 junior). And numbers, throughout the year, have remained consistently at this level. The club needs around 950 members to cover costs. There is a surplus for the year of £115,014.

This year I've included some comparative charts to illustrate progress over the last ten years.



## Income & Expenditure

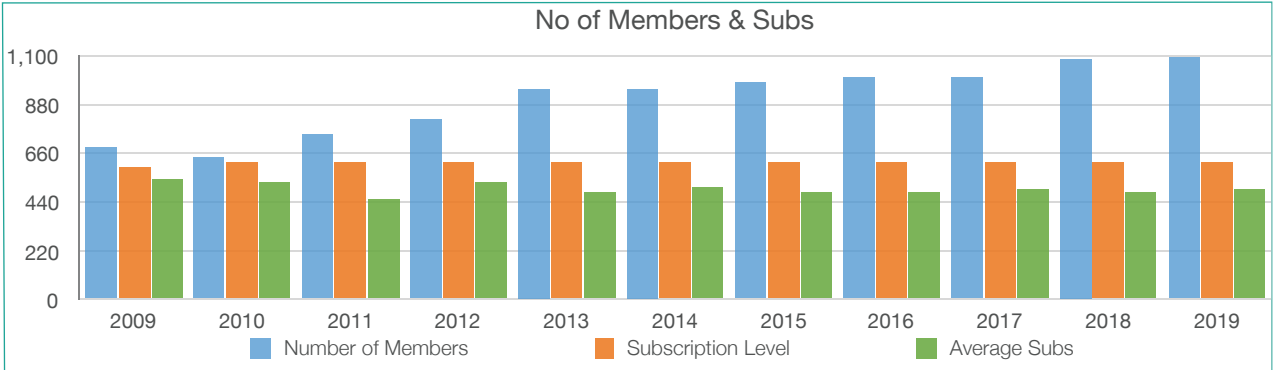
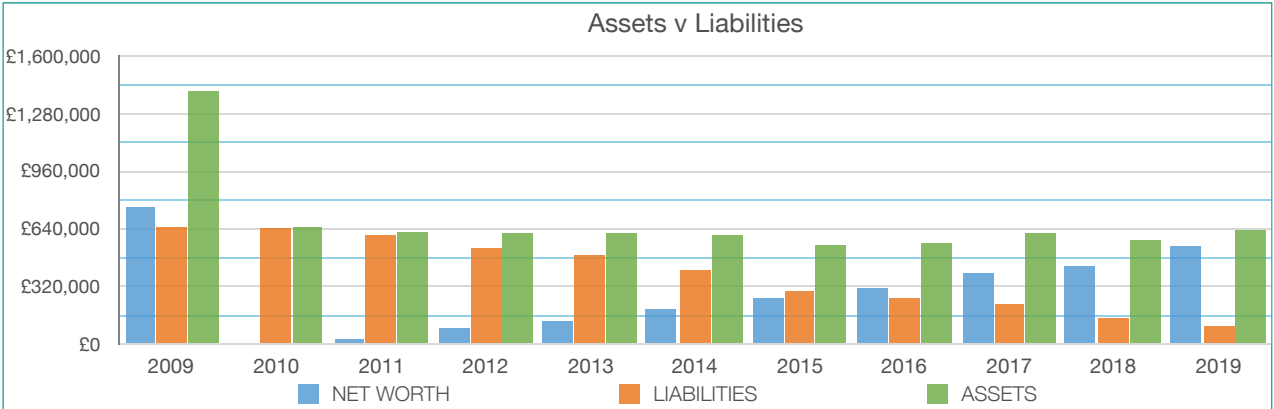
Turnover is up 5% overall this year. There was a 4% increase in subscription income plus significant increases in both visitor income and commissions & rentals. The chart above shows, even allowing for inflation, how much income has risen since 2009.

Total expenditure fell mainly due to less spend on renovations during the financial year. However staffing costs increased as staff numbers increased and the club continued to proudly honour the Glasgow Living Wage. In year 2019/20 no borrowing will be required for the major works on the upstairs changing rooms. This will all be funded from revenue surplus.

The club operates on a not-for-profit basis. Also don't forget the club enjoys Community Amateur Sports Club (CASC) status which makes donations tax efficient for both club and donor. For every £100 donation you make, the club can claim an additional £25 from HMRC.

## Assets & Liabilities

This chart illustrates how, after a revaluation of the building in 2009, the net worth of the club has increased from almost zero in 2010 to over £ ½ million in 2019. Also how liabilities have dramatically reduced. The club further reduced our debt over the year by £48,650 and is on track to become completely debt free by 2020.



## 2019/20 subscriptions

Full Subscriptions are held at the same level - £616 - for the tenth year. This makes the club more affordable to more people and, adjusted for inflation, represents a real saving, for longer term members, of over £100 since 2009.



*[Signature]*

Tim Pearson  
May 2019

## INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF ARLINGTON BATHS CLUB

### Opinion

We have audited the financial statements of Arlington Baths Club (the 'club') for the year ended 31 March 2019 which comprise the Revenue Account, Balance Sheet, Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the club's affairs as at 31 March 2019 and of its surplus for the year then ended; and
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the club in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the board's use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the board have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the club's ability to continue to adopt the going concern basis of accounting for a period of at least

twelve months from the date when the financial statements are authorised for issue.

### Other information

The board are responsible for the other information. The other information comprises the information in the Office Bearers' Reports but does not include the financial statements and our Report of the Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

In, based on the work undertaken in the course of the audit:

- the information given in the Office Bearers' Reports for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Office Bearers' Reports have been prepared in accordance with applicable legal requirements.

### Matters on which we are required to report by exception

In the light of the knowledge and understanding of the club and its environment obtained in the course of the audit, we have not identified material misstatements in the Office Bearers' Reports.

We have nothing to report in respect of the following matters if in our opinion:

- adequate accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

### Responsibilities of the board

As explained more fully in the Statement of Board Responsibilities, the board are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the board determine necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the board are responsible for assessing the club's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the board either intend to liquidate the club or to cease operations, or have no realistic alternative but to do so.

### Auditors' responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Report of the Auditors.

### Use of our report

This report is made solely to the club's members, as a body. Our audit work has been undertaken so that we might state to the club's members those matters we are required to state to them in a Report of the Auditors and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the club and the club's members as a body, for our audit work, for this report, or for the opinions we have formed.

M Gray, M Sturges + M Gibbon

Chartered Accountants & Statutory Auditors  
145 St Vincent Street,  
Glasgow,  
G2 5JF  
May 2019

### Statement of Board Responsibilities

The Club's Constitution requires the Board to prepare accounts for each financial year. These must give a true and fair view of the affairs of the Club. In preparing those accounts, the Board is required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Club will continue in business.

The Board is responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Club. The Board is also responsible for safeguarding the assets of the Club, and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

REVENUE

	NOTE	31st March 2019 £	31st March 2018 £
Members annual subscriptions		543,606	522,854
Percentage of entry money and life funds	11	781	918
		544,387	523,772
Visitors		32,546	27,594
School fees		13,744	11,955
Merchandise		116	1420
Commissions and rentals		22,512	18,264
Donations and fundraising		891	1289
Bar and catering	3	532	440
		614,728	584,734

EXPENDITURE

Salaries, wages & NIC		231,640	213,044
Cleaning & chemicals etc		19,449	13,344
Fuel		41,892	47,498
Water		22,877	14,152
Light and Power		45,940	43,575
Rates & insurance		12,978	10,988
Repairs, renewals & renovations			
	Property	44,475	53,757
	Plant & furniture	11,858	84,881
	Renovations	9,510	20,130
Newspapers and magazines		2,498	3,285
Printing, stationery and advertising		7,164	4,555
Telephones		1,868	2,058
Sundries		9,806	7,320
Security		1,450	
Training		2,575	5,629
Depreciation		1,869	2,195
Audit and accounting		3,166	2,874
Overdraft & loan interest		2,928	4,475
Bank charges		1,255	1,468
Equipment leasing		24,516	18,134
		499,714	553,362
NET Surplus		115,014	31,372

BALANCE SHEET AS AT 31st MARCH 2019

	NOTE	As At 31st March 2019 £	As At 31st March 2018 £
<b>TANGIBLE FIXED ASSETS</b>	2	513,608	515,477
<b>CURRENT ASSETS</b>			
Stocks	4	5,905	7,608
Debtors	5	4,984	6,583
Investments - premium bonds		10	10
Cash at bank and in hand	6	111,750	45,425
		122,649	59,626
<b>CREDITORS</b>			
Amounts due within one year	7	81,552	81,800
Net current assets		41,097	(22,174)
<b>CREDITORS</b>			
Amounts due after one year	8	13,940	66,771
<b>NET ASSETS</b>		540,765	426,532
Represented by:			
<b>DEBENTURES</b>	9	121,000	121,000
<b>CAPITAL ACCOUNT</b>	10	415,341	300,327
<b>LIFE MEMBERSHIP &amp; ENTRY MONEY</b>	11	4,424	5,205
		540,765	426,532



## NOTES TO ACCOUNTS - MARCH 2019

### 1. ACCOUNTING POLICIES

(a) <b>Basis of preparing the financial statements</b>	(d) <b>Fixed assets</b>
The accounts have been prepared under the historical cost convention, modified by the revaluation of certain assets.	Freehold property is stated at valuation. No depreciation has been provided on the property during the year on the grounds that there has been no diminution in value since revaluation.
(b) <b>Life membership and entry money fund</b>	Plant and equipment, principally boilers and chlorination equipment, are stated at cost less accumulated depreciation. Depreciation is provided at a rate of between 10% and 25% p.a on the reducing balance and straight line methods depending on the estimated useful life of the equipment.
(c) <b>Levy and donations</b>	
Levy monies and donations are credited directly to the Revenue Account on receipt.	

### 2. TANGIBLE FIXED ASSETS:

	Freehold property (£)	Building Improvements (£)	Plant & Equipment (£)	Total (£)
Cost/Valuation				
Beginning of Year	500,000	-	208,300	708,300
Additions		-		0
End of Year	500,000	-	208,300	708,300

#### Accumulated depreciation

Beginning of Year	-	-	192,823	192,823
Charge for year	-	-	1,869	1,869
End of Year	-	-	194,692	194,692
Net book amount	500,000	-	13,608	513,608

The property was valued at £500,000 by Christie & Co Business Transfer Agents on 17th June 2009 on a going concern basis. The deficit arising on revaluation has been written off in the Capital Account.

### 3. BAR AND CATERING:

	31st March 2019	31st March 2018
	£	£
Sales	2,706	2,363
Cost of sales	(2,174)	(1,923)
Gross Profit	532	440

### 4. STOCKS:

Fuel, towels and sundries	4,832	6,576
Bar stocks	1,073	1,032
	5,905	7,608

### 5. DEBTORS:

Prepayments and accrued income	4,984	6,583
Sundry debtors	0	0
	4,984	6,583

### 6. CASH AT BANK AND IN HAND:

Bank	108,852	42,234
Cash in hand	135	437
Renovation Fund	2,763	2,754
	111,750	45,425

### 7. CREDITORS - AMOUNTS FALLING DUE WITHIN 1 YEAR:

Pre paid subscriptions	18,886	18,421
Bank loan	38,717	35,000
Western Baths	12,000	12,000
Sundry creditors and accruals	11,949	16,379
	81,552	81,800

### 8. CREDITORS - AMOUNTS FALLING DUE AFTER 1 YEAR:

Western Baths	4,000	16,000
Bank Term Loan	9,940	50,771
	13,940	66,771

The bank term loan and loan from Western Baths are both secured over the freehold property.

### 9. DEBENTURES

Beginning of year	121,000	121,000
Added in year	0	0
End of year	121,000	121,000

The debentures which are interest free, will endure in perpetuity unless redeemed by the Club. The Club may at its sole discretion, redeem at par value, any or all of the debentures at any time. Debenture holders are entitled to pay a reduced annual membership subscription.

10. CAPITAL ACCOUNT:

Balance at beginning of year	300,327	268,955
Net Surplus for year	115,014	31,372
Balance at end of year	415,341	300,327

11. LIFE MEMBERSHIP AND ENTRY MONEY FUND:

Balance at beginning of year	5,205	6,123
Credited to revenue account	(781)	(918)
Balance at end of year	4,424	5,205

12. CONTINGENT LIABILITY

The Club received £592,000 from the National Heritage Lottery Fund towards improvements to the property and this fund may be repayable in the event of a sale of the property or certain changes to the constitution in perpetuity.

13. OPERATING LEASE COMMITMENTS

The Club has non-cancellable operating lease commitments in respect of gym equipment as follows:

	31st March 2019	31st March 2018
Less than one year	14,540	14,540
In one to two years	14,540	14,540
In two to five years	21,811	36,351
	50,891	65,431





# Arlington Baths Club History Group

A celebrity visitor and the First World War are amongst the projects the Arlington Baths Club History Group has worked on this year. And you can find all of it on our dedicated website - [arlingtonbathshistory.wordpress.com](http://arlingtonbathshistory.wordpress.com)

When volunteers sorted through boxes of old papers from the basement during the Christmas holidays, we were excited to find documentary proof that ballet dancer Rudolf Nureyev had visited the Baths in 1975. The story on the website, has been viewed more than 300 times.

We're also continuing to research the Baths in the First World War and uncover the stories of the members who served and their families.

- Richard Arroll, a painter, decorator and sportsman, who left behind a wife and three young daughters when he died of his wounds in August 1917.
- Sydney Ancill, a dentist, whose mother ran a ladies' dress shop in Sauchiehall Street. He died in 1920 while still serving in Baghdad.
- Thomas Gentles, a talented water polo player whose family ran a wallpaper business in Glasgow. He, along with his two brothers, joined up; he died in January 1917.
- Léon Lévy, leader of one of the UK's first Scout troops who was killed in August 1916. His gravestone features in a short story by Booker Prize winning author Julian Barnes.
- Ernest Perry, a young engineer who joined the Queen's Own Cameron Highlanders and was killed at the Battle of Loos in September 1915.
- Ethel Perry, who went to Serbia with the Scottish Women's Hospitals and volunteered for a variety of medical organisations throughout the Great War.

You can also see an interactive map showing the addresses of the more than 300 men who "joined

the Colours", and learn more about the impact of the War on the Baths.

There's lots more on the History Group website, including new discoveries about the building. You can check out the fascinating brick map; listen to the great-grandson of Charles Drake, the Victorian concrete visionary who constructed our amazing Turkish Suite; and watch a lovely video about the Arlington's venerable sand filter.

Our outreach work involved organising an exhibition for Doors Open weekend, and giving presentations at the National Archives in London and at the annual conference of the Archives and Records Association in Glasgow. The History Group website has had almost 3000 views since it launched in February 2018.

The Baths will be 150 years old in 2020/21! We're looking at what the Baths did for previous anniversaries and have come up with some ideas for what we can do this time round to celebrate our history and our place in the story of Glasgow.

Interested?

Come along to our next meeting!

Look out for a poster on the noticeboard or email [info@arlingtonbaths.co.uk](mailto:info@arlingtonbaths.co.uk) to join the mailing list.




Lance-Corporal R. H. Arroll, Seaforth Highlanders (Ross-shire Buffs, The Duke of Albany's)

[arlingtonbathshistory.wordpress.com](#)

## Arlington Baths Club History Group

Discovering the people and past of a Victorian swimming pool and Turkish bath in Glasgow

HOMEFIRST WORLD WARABOUT US



### Rudolf Nureyev, Wee Jimmy and the Arlington Baths

FEBRUARY 20, 2019 ~ ARLINGTON BATHS CLUB HISTORY GROUP ~ 2 COMMENTS

When we delved into the archive boxes in the Bath's basement, we made a discovery which confirms the Arlington's connection to one of the most famous, talented and glamorous men of the 20th century...

### Léon Emmanuel Lévy: the six-month soldier

FEBRUARY 4, 2019 ~ ARLINGTON BATHS CLUB HISTORY GROUP ~ LEAVE A COMMENT

Our topics

- 1920s (1)
- 1970s (1)
- building (11)
- architecture (5)
- exterior (1)
- pond hall (1)
- swimming pool (1)
- Turkish bath (2)
- war memorial (4)
- Doing research (3)



# Constitution

## Name

The name of the Club is the , “ARLINGTON BATHS CLUB.”,

## Objects

The objects of the Club shall be to provide facilities for and to promote participation in the amateur sports of swimming, exercise and fitness and the provision of leisure facilities at 61 Arlington Street, Glasgow (hereinafter called the ,“Heritage”, ) for the benefit of the members and others as provided for in these Rules. The Heritage and all other assets of the Club shall be used only in pursuance of these objects and shall not be distributed or devolved to the members or any of them or third parties. Neither the Heritage, nor any part thereof, nor any of the other assets of the Club shall be distributed or devolved to any person or class of persons other than in pursuance of a winding up in accordance with the provisions of these Rules.

## Membership

Membership of the club shall be open to anyone interested in swimming, exercise and fitness regardless of sex, age, disability, ethnicity, nationality, sexual orientation, religion or other beliefs on a non-discriminatory and fair basis. The Club shall consist of Full Members and Supernumerary Members having the following rights and privileges;

(A) Full Members will have unrestricted access to the facilities and will enjoy all the privileges of the Club, will be entitled to vote at all general meetings and will be eligible for election to the Board of Management (hereinafter called the , “Board”, ). There will be four classes of Full Membership and subscriptions applicable on a non-discriminatory and fair basis.

(i) Ordinary, being open to ladies and gentlemen over the age of 18 years who pay the ordinary rate of annual subscription;

(ii) Country, being open to ladies and gentlemen who have their residence and, if applicable, their place of work outside a radius of 30 miles of the

Heritage and who pay the country members rate of annual subscription; and (iii) Low Income. Joining fee waived and those who want to take advantage of the reduced price membership must apply to the secretary of the club and demonstrate that the full cost of membership would not be affordable to them.

(iv) Life, being open to ladies and gentlemen who pay the life members subscription. Any Full Member shall be entitled to introduce up to four visitors at a time but not more frequently than once every two months. The introducing member shall be responsible for the good conduct of visitors and shall ensure that they conform with the Rules and Bye-Laws of the Club.

(B) Supernumerary members will have such access to the facilities and enjoy such privileges of the Club as their respective terms of membership shall allow, on a nondiscriminatory and fair basis, will have no vote at general meetings and will not be eligible for election to the Board of Management. There will be five classes of Supernumerary Membership-

(i) Junior, being open to boys and girls under the age of 15 (“Children,“) and boys and girls between the ages of 15 to 18, inclusive, (“Juveniles,“) who pay the Children and Juveniles subscription rates, as the case may be, and who have such access to the facilities and enjoy such privileges as the Board may determine;

(ii) Student, being open to persons not normally resident in or within a radius of 30 miles of the Heritage, who are matriculated students at a Glasgow university or college, who pay the Student rate of subscription and who have such access to the facilities of the Club and enjoy such privileges as the Board may determine;

(iii) Stranger, being open to persons not normally resident in or within a radius of 30 miles of the Heritage, who pay the Stranger rate of subscription and who have such access and enjoy such privileges as the Board may determine;

(iv) Honorary, being open to persons elected by the Board or by the members in general meeting in recognition of outstanding service to the Club

or outstanding personal or sporting achievement, who should not normally pay a subscription and who should have such access to the facilities and enjoy such privileges as the Board may determine; and...

(v) Daily, being open to persons over the age of 18 years for the duration of one day only upon registering in accordance with requirements of the Board and paying the daily member rate of subscription and who should have such access to the facilities and enjoy such facilities as the Board may determine. Persons who have been full members within the immediately preceding period of two years will not be admitted as daily members.

## Office-bearers

The Office-bearers of the Club shall consist of a Chairman, Vice Chairman, Secretary and Treasurer. The offices of Secretary and Treasurer may be held by the same person The Office-bearers shall be appointed at the first meeting of the Board after the annual general meeting and they shall hold office for one year but shall be eligible for re-appointment.

## The board

The Office-bearers and a committee of up to ten members shall form a Board of management of the Club. Only a member who is eligible for election to the Board and has been a member of the Club for at least two years may join the Board. One third of the members of the Board will retire annually in rotation at the annual general meeting but shall be eligible for re-appointment. The Board may fill vacancies in its number occurring at any time during the year, subject to any such co-options being confirmed at the next annual general meeting.

## Powers of the board

The whole management of the business, assets and affairs of the Club shall, subject to the Rules and Regulations of the Club, be vested in the Board, except that the Board shall have no power to make any distributions of any kind to the members or any of them. The Board shall have the

power to borrow moneys and, with the consent of the members, in general meeting, grant security over the Club, assets in respect thereof The Board may delegate any of their powers to any employee of the Club or to any committee consisting of one or more Board members. The Board may issue Bye-laws of the Club from time to time in its absolute discretion and these shall be binding on the members unless set aside in general meeting. The title to any heritable property of the Club, or any interest therein, shall be taken in the names of the Chairman, the Treasurer and the Secretary as trustees of the Club. All necessary deeds and other formal writings of the Club shall be validly executed by the Club if signed on its behalf by any two of the Office-bearers or any two other members of the Board as the Board may resolve. The Club may sue and be sued in the joint names of the Chairman and Secretary for the time being.

## Meetings of the board

The Board shall meet regularly to transact its business. Any two members of the Board may requisition a meeting of the Board by giving to all of its members not less than ten days prior notice in writing. Four members of the Board shall constitute a quorum. All decisions of the Board shall be taken by a simple majority of those attending and voting.

## Personal interests

No member of the Board may be a party to, or otherwise be interested in, any transaction or arrangement with the Club or in any body corporate in which the Club is otherwise interested, unless and until he has disclosed to the Board the nature of his interest and the Board, with the member concerned abstaining from any vote, has approved the transaction or arrangement in question. Material details of any such transactions approved by the Board shall be included in each report to members accompanying the annual financial statement of the Club for as long as the transaction or arrangement concerned has a bearing on the affairs of the Club. If a member of the Board fails to obtain approval as aforesaid, he shall be accountable to the Club for any remuneration, profit or other benefit which



he derives, directly or indirectly, from any such transaction or arrangement or interest of the Club.

Chairman

At all general meetings of the Club and all meetings of the Board the Chairman, whom failing the Vice-Chairman, whom failing an attending member elected at the meeting shall take the chair. The chairman of the meeting shall have a casting vote as well as a deliberative vote.

Secretary

The Secretary shall record in the minute book full and correct minutes of the proceedings of the Board and shall keep a full and accurate register of all members of the Club.

Treasurer

The Treasurer shall receive and disburse all moneys due to and by the Club. He shall keep correct books and accounts showing the financial affairs and intrmissions of the Club. He shall close the accounts annually on the 31st. day of March and shall prepare a financial statement for the past twelve months and submit the same to an Auditor elected by the members in general meeting.

Admission of full members

Applications for admission to full membership of the Club shall be submitted to the Board on a non-discriminatory and fair basis. Not more than 30 days shall elapse between the receipt by the Secretary of an application for full membership and the notification to the applicant of the decision of the Board.

Admission of supernumerary members

All applications for supernumerary membership shall be submitted to the Board in such form as they shall prescribe from time to time. Daily membership will be granted immediately to applicants who qualify under these Rules, who provide proof of identity and register for membership, who pay the daily membership fee and any relevant deposit in advance and who comply with any other reasonable pre-admission requirements stipulated by the Board having due regard to the interests of the Club.

Subscriptions

The club will keep subscriptions at levels that will not pose a significant obstacle to people participating. Any entrance fees and the rates of subscription for all classes of members shall be such sums as the Board shall from time to time propose to the Full Members and the Full Members shall approve in general meeting by a simple majority of those attending and voting. Annual subscriptions shall be payable to the Club on or before the 31st. day of March each year. In the case of members (other than Daily Members) admitted after 31st.March in any year, the subscription shall be payable on receipt of the notification of election to membership and no member shall have access to the facilities until the subscription due shall have been paid in full. Any existing member who fails to pay the annual subscription when due shall, if the Board so decides, be debarred from all the privileges of the Club and shall have no vote at any meeting of the Club at which he would be entitled to attend and vote.

Resignation and expulsion

Any member may resign from the Club at any time by delivering to the Secretary a letter of resignation. The Board shall have power to expel any member from the Club upon giving that member a written notice to that effect in the following circumstances: (a) the member failing to pay any sum due to the Club after receiving a written demand for the same; (b) the member repeatedly violating the Rules or Bye-laws of the Club; (c) the member being convicted of a criminal offence; and (d) the member being guilty of indecent or dishonourable behaviour or behaviour likely to bring the Club or sport into disrepute. No member shall be entitled to receive a rebate of subscription in respect of any part of the year during which the facilities of the Club have not been utilised by reason of resignation or expulsion. Appeal against removal may be made to the members.

Annual General Meeting

The Annual General Meeting of the Club shall be held in May each year to conduct the ordinary business of the Club, being the consideration of the annual report of the Board, the adoption of the annual financial statement, the election of members to the Board and the appointment of an auditor and to conduct any special business proposed by the Board. Notice calling the Annual General Meeting each year shall be posted on the Club notice board at least one month in advance and the Secretary shall send by post or electronic mail to the Full Members, at least seven days prior to the meeting, a copy of the agenda, the annual report, the annual financial statement, a note of the names of the members proposed for election to the Board and details of any special business proposed to be discussed together with a copy of any proposed resolution or motion March in any year, the subscription shall be payable on receipt of the notification of election to membership and no member shall have access to the facilities until the subscription due shall have been paid in full. Any existing member who fails to pay the annual subscription when due shall, if the Board so decides, be debarred from all the privileges of the Club and shall have no vote at any meeting of the Club at which he would be entitled to attend and vote.

Extraordinary General Meeting

The Board may at any time (and shall if it is requisitioned to do so in accordance with the terms of this Rule) call an extraordinary general meeting of the Club upon giving to every Full Member in writing or by electronic mail to the address registered for each such member, not less than 14 days notice. The notice shall state the business to be discussed and shall contain a copy of any proposed resolution or motion to be put to the meeting. An extraordinary general meeting may be called on a requisition, signed by, not less than 20 Full Members, being presented to the Secretary. The requisition shall state the business to be transacted and shall include a copy of any proposed motion or resolution to be put to the

meeting. The Board shall thereupon convene an extraordinary general meeting, the notice of which shall be sent out in accordance with this Rule not later than 21 days after receipt by the Secretary of the requisition.

Quorum

The quorum for all general meetings of the Club shall be 20 Full Members present. If a quorum is not present, the meeting shall be adjourned to a date and time to be determined by the Chairman The Full Members present at a any meeting adjourned as aforesaid shall, whatever their number, constitute a quorum.

Alteration of rules

No alteration or addition to these Rules shall be valid except at the annual general meeting or at an extraordinary general meeting called for that purpose where the resolution or motion proposing the same is passed by a majority of at least two-thirds of those attending and entitled to vote.

Service of notice

Every notice issued in terms of these Rules shall, if sent through the post, be deemed to have been served at the time at which it shall have been posted.

Supply of excisable liquor

No excisable liquor shall be supplied for consumption outside the Heritage except to a member on the premises and for his own consumption, nor shall any be sold or supplied to any person under tile age of 18 years.

Winding up

Upon a winding up of the Club, the whole assets, property and effects of the Club shall, after payment of the Club, debts and liabilities contracted for before such winding up, be applied and paid over to a registered charitable or other non-profit making organisation or a registered CASC as the Board shall in its sole discretion resolve, and failing, such resolution, to the National Trust for Scotland and any successor of that organisation.



Available from the poolside office

**TRAPEZE  
TRAVELLING RINGS**

**GYMNASIUM & FREE WEIGHTS**

**TURKISH BATHS**

**SAUNAS & STEAMROOMS  
HOT TUBS & SLIPPER BATHS**

**PERSONAL TRAINING  
YOGA CLASSES  
SWIMMING LESSONS**

**LOUNGE BAR**

7.00AM - 9.30PM MONDAY - FRIDAY  
9.00AM - 9.30PM SATURDAY & SUNDAY  
**OWNED & RUN BY MEMBERS**





# HEALTH HISTORY HERITAGE

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