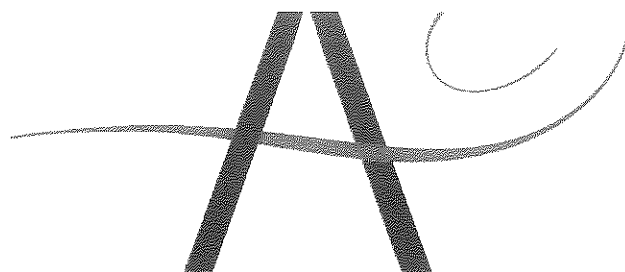


Opening Hours



The Club is open from 6.30am to 9.30pm - Monday to Friday and
9.00am to 9.30pm - Saturday & Sunday

Pool Hours

Monday to Thursday

Adults mixed swimming

6.30am to 2.00pm & 5.00pm to 9.30pm

Friday

6.30am to 9.30pm

Saturday

9.00am to 9.30pm

Sunday

9.00am to 9.30pm

Gents only swimming

Monday & Wednesday

2.00pm to 5.00pm

Ladies only swimming

Tuesday & Thursday

2.00 pm to 5.00pm

Turkish Suite & Upper Shower allocation

Monday & Wednesday

Gents

Tuesday & Thursday

Ladies

Friday, Saturday & Sunday

Mixed

Ladies - 6.30am to 2.00pm

Gents - 2.00pm to 9.30pm

Saturday

Ladies - 9.00am to 2.00pm

Gents - 2.00pm to 9.30pm

Sunday

Gents - 9.00am to 2.00pm

Ladies - 2.00pm to 9.30pm

Sunday

Ladies - 9.00am to 2.00pm

Gents - 2.00pm to 9.30pm

The gymnasium is mixed at all times

Sunday - 6:00pm to 9:30pm - The Sunday Swim (naturist) session

Junior swimming hours - see staff for details