



## Arlington Update

March 2026

### Join the Board

The Board is seeking to co-opt several new Board members who are willing to make a significant commitment to the Club. The Board are particularly keen to strengthen areas around **project management, communications and marketing**. A breadth of experience and those currently practicing in these areas would be a valuable asset to the future of the club.

Applicants should also demonstrate the ability to think strategically, work collaboratively, and show a strong commitment to diversity, inclusion, and equality.

To be eligible, candidates must have been full members of the Club for at least two years. Members interested in applying should Email [info@arlingtonbaths.co.uk](mailto:info@arlingtonbaths.co.uk) providing:

- Name and membership number
- Length of full membership
- A supporting statement (maximum 500 words) outlining why they wish to join the Board
- The relevant skills, knowledge, experience and values you would bring.

Following receipt of expressions of interest, candidates will be invited to meet with the Board Chair and/or other Board members. Mentoring support will be available to all new Board members. We would encourage you to read our [Club Constitution](#), [Annual Report 2025](#), and [Code of Conduct for Board Members](#).

### Events

#### The Arlington Baths, The Alhambra and Owen Jones: Islamic architecture and design in the 19th century



What inspired the architecture of the Arlington Baths?

The architect, designer and educator Owen Jones was a hugely influential figure in Victorian design. Before his book *The Grammar of Ornament* became a bestseller, he published a beautifully illustrated book on The Alhambra in Spain, which popularized Islamic architecture and design throughout Victorian Britain. The style was used for smoking rooms, billiard rooms, swimming pools and Turkish baths.

In this illustrated lecture, art historian (and Arlington member) Dr Ailsa Boyd will look at the Arlington Baths Club, in particular the Turkish room, in the wider context of the Victorians' love for the exotic, and Jones's belief that good design was necessary for a healthy society.

**Friday 13 March, 7pm, free**

[Book your place](#)

This talk is part of the celebrations to mark 150 years of our beautiful Turkish bath, constructed and opened in 1875-76.

Find out more on the [Arlington Baths Club history website](#).



### Ermana Workshop

Unwind, glow and learn at this Relax & Glow Facial Workshop led by Ermana founder, Claire.

This nurturing session blends natural skincare know-how with mindful self-care to support both skin health and overall wellbeing.

You'll be guided through the Ermana 3-step skincare routine, learning how to use plant-based products to restore balance and radiance.

Claire will also lead a calming facial self-massage inspired by Japanese and Indian techniques, including acupressure and facial reflexology, to ease tension, boost circulation and encourage natural glow.

A restorative, hands-on experience designed to leave you relaxed, informed and radiant..

**Saturday 21 March, 1.30-3pm, £25**

find out more: <https://ermana.co.uk/products/relax-glow-workshop>



### Film for a fiver!

Join us for the last film of the 2025-26 season.

**BIG vs SMALL** is a modern-day fairytale stretching from monster waves in Portugal to the dark stillness of a far-north, frozen Finnish lake – a story of power and strength on top of the water and facing demons under it.

This documentary by Finnish filmmaker Minna Dufton tells the story of "tiny fighter" Joana Andrade, a big wave surfer from Portugal, who travels to Finland for an extraordinary training session with champion ice diver Johanna Nordblad. It's about trust, letting go, and what happens when these two champion athletes share their extraordinary talents with each other.

**Saturday 21 March, 6pm, £5**

[Find out more about the Film Group here](#)



[Book your seat](#)

### Cycle Ride

Join us for a leisurely cycle ride for members and friends from the Baths and back..

This month's ride is on Sunday 29 March 2026. Come along and see how the city fits together when you're on a bike.

This is an opportunity to enjoy the local area, on a bicycle, with like-minded people.

Bring your own bike or you are welcome to borrow one from our new Bike Library. Limited places.

**Sunday 29 March, 10am, free**

[Find out more about the Arlington Baths Bike Group](#)



[Book your place](#)



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