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Arlington Update

April 2026

Baths on the box!

We all know the wellbeing we enjoy from the warmth and big baths at the Arlington. Now the rest of the country can discover this too in an episode of the BBC health show **Just One Thing**.

A production crew visited in October last year and filmed around the Baths for an episode focused on the benefits to sleep and heart health of a nice hot bath.

The episode will air on Easter Monday, 6 April 2026, on BBC One at 1.20pm.

It is also available on [BBC iPlayer here](#).

Help put 'Bathing in Victorian Turkish Baths' on the UNESCO Living Heritage list



Our Turkish bath is one of only eleven remaining in the UK and the Board is delighted to support a submission by **Malcolm Shifrin**, the pre-eminent historian of Victorian Turkish baths (and friend of the Arlington Baths), to have the practice of bathing in Turkish baths listed in the UNESCO Inventories of Living Heritage in the UK.

The application needs support from organisations and individuals to show that there is a community of people who value a Victorian Turkish bath, for whatever reasons mean most to them.

We know many members enjoy using our Turkish bath, and the Board has sent a statement of support on behalf of the Club. If you too would like to give your support, please use the link below to send a personalised statement for Malcolm to include in his submission.

Support the campaign: <https://livingheritage.unesco.org.uk/contact-submitter/8170>

Malcolm's exhibition about the history of Victorian Turkish baths is currently on display in the Reading Room.

Find out more on the [Arlington Baths Club history website](#).

Events

Lesley Banks: Back at the Baths

We are delighted to welcome artist Lesley Banks back to the Arlington Baths for the formal unveiling of two of her paintings depicting life in the Club.

Lesley spent a lot of time at the Club 25 years ago producing many paintings of scenes at the Baths, which were then shown at a solo exhibition at the Cyril Gerber Gallery. We have now acquired two of her pieces - showing the pond and the Turkish bath - which will be hung in the Members' Lounge.

Please come along to see the paintings, have a chat, and enjoy a glass of wine or soft drink!

Friday 6 April, 6.30pm, Members Lounge, free

Fouzia Zafar: Print unveiling and workshops

Members are invited to a special unveiling celebrating artworks created by local artist and member Fouzia Zafar. Fouzia has produced over 40 prints inspired by the Baths' architecture, atmosphere, and distinctive spaces.

One large-scale print will become a permanent addition to the Baths' art collection. Fouzia will share stories and insights into the processes behind the making of these works.

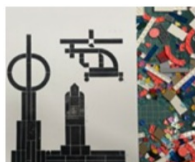
Prints will be available to purchase, and there will also be an opportunity for those interested to try printmaking by enrolling in one of her workshops.



Friday 24 April, 7pm, Members Lounge, free

[Book your place](#)

Lego Printmaking Workshops



Celebrate 850 years of Glasgow with a hands-on workshop led by artist and printmaker Fouzia Zafar. Children will explore historic images of the city and imagine bold future skylines. Using LEGO bricks, participants will design, ink, and print their own cityscape using an A3 printing press. Materials provided, Limited places available. Suitable for children 7+.

Saturday 25 April 2026 2-4pm, Reading Room, £27.80

[Book your place](#)

A relaxed, adult-focused workshop exploring pattern, design & print. Discover geometric printmaking in this hands-on workshop inspired by Islamic geometry and the tiled patterns of the Arlington Baths. Using LEGO pieces and a printing press, you'll create bold patterns and experiment with colour to produce striking, contemporary prints. You'll be guided step-by-step, from simple geometric forms to a finished piece. Materials provided, limited places.



Sunday 26 April 2026 1.30-5pm, Reading Room, £45

[Book your place](#)

Cycle Ride

Join us for a leisurely cycle ride for members and friends from the Baths and back.

This month's ride is on Sunday 26 April 2026. Come along and see how the city fits together when you're on a bike.

This is an opportunity to enjoy the local area, on a bicycle, with like-minded people.



Bring your own bike or you are welcome to borrow one from our new Bike Library. Limited places.

Sunday 26 April, 10am, free

[Find out more about the Arlington Baths Bike Group](#)

[Book your place](#)

Bring a bike hire stand to Arlington Street

VOI, the company which runs the city bike hire scheme, is seeking new locations for bike hire stands around the city.



Some members have already suggested Arlington Street adjacent to the Baths. The nearest VOI stop is approximately half a mile away, and with nearly 1600 members we are a large trip generator.

If you wish to lend your support to having a stop nearer the Baths, please use the link below.

<https://parking.voi.com/>



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