



Arlington Update

September 2025

General Manager Update

Annual Maintenance Closure

Last month, our staff and contractors worked tirelessly to complete a wide range of projects across the club. These works were carefully planned to ensure our facilities remain safe, efficient, and enjoyable for all.

Key highlights from this year's programme include:

- **Pool & Pool Hall:** pool outlet pipework replaced and relined, improving water flow and cleanliness of our pool water. The annual filter and chemical dosing service was completed. A thorough intrusive structural inspection was also undertaken on the roof beams in the pool hall
- **Turkish Suite, Steam Room:** replacement of the steam room door and re-grouting of the wall tiles
- **Showers & Baths:** upper showers re-grouted, shower areas re-sealed, and replacement tiles fitted in the senior baths
- **Building Services:** upgrades to Wi-Fi and telephone lines, completion of various electrical works, and our annual plant maintenance
- **Refurbishments:** painting works in high-traffic areas, new Bion flooring in the costume room to match the cool room, joinery improvements throughout, and the removal of outdated foyer information boards
- **Reading Room:** new storage boxes installed for improved organisation
- **Finishing Touches:** professional carpet and cool room chair cleaning, refreshed and new sign writing around the building, and general joinery improvements across the club

I would like to thank all members for their patience and understanding during the extended closure.

Staff Update

We said goodbye to Susie Smith on 8th September, as she moved on to take up an exciting new engineering role. Susie first joined the club in June 2022 as a casual member of staff, before moving into a full-time position in November 2023.

Over her time with us, Susie made a valued contribution to the team, and she leaves with our very best wishes for the future.

Personal Training

Our club personal trainer, Martin Linden, currently has some available slots for new clients. With over 10 years of experience and a wide range of qualifications, Martin offers tailored sessions to help you achieve your fitness and wellbeing goals.

If you're looking for expert guidance, motivation, and a personalised approach to training, you'll be in good hands.

Find out more about Martin and his services here:

<https://www.facebook.com/MTLindenPT>

<https://www.instagram.com/fitness.mt7lghnZW8RubDPKY3o3MXN1>

The Club is busier than it has ever been and members are reminded to be considerate of others when using the facilities:

- **Ensure showers are turned off when not in use**
- **Keep outdoor shoes in the Slipper Room**
- **Do not put wet costumes on the seats in the Cool Room**
- **Swim in the middle of the pond lanes, NOT up one line and down another**
- **Deposit towels and sheets in the changing room bins or down the laundry chute**

Opportunity to join the Board

The board are seeking to co-opt a board member who is keen to make a significant commitment to the Club.

In particular, the Board would be interested in strengthening the areas of expertise around law, employment law and people management.

Any member who is currently practising in those areas would be a valuable board asset.

In addition, the ability to see the bigger picture, work collaboratively and have strong committed to diversity, inclusion and equality is important.

Only a member who has been a member of the Club for at least two years may join the board.

If you are interested, please contact the General Manager by email at info@arlingtonbaths.co.uk

in the first instance, with your name and membership number, how long you have been a full member and a brief summary of the why you wish to join the board including any relevant skills, knowledge and experience you would bring (max 500 words).

On receipt of your note of interest, we would propose to follow this up by offering an opportunity to meet the Board Chair and / or any member of the Board.

Well Done Logan and Aaron!



Two swimmers who have been perfecting their swimming techniques with the [William Young Swim School](#) at the Arlington Baths Club enjoyed success when representing West of Scotland at Scottish National Games, which took place at Stirling University on 26 and 27 July, 2025.

Fourteen year old Logan Munro won gold in 50m breaststroke and gold in 50m backstroke, silver in 100m individual medley and bronze in 100m freestyle.

Twenty-four year old Aaron Wright won gold in individual medley, gold in 50m backstroke, silver in 50m butterfly, bronze in 100m freestyle and was placed 4th in 50m breaststroke.



Doors Open Day Festival 2025

The club took part again in the Glasgow Doors Open Day festival on the weekend of 20th and 21st September, with tours of our historic building and a new exhibition about Turkish Baths.

We welcomed over 100 visitors over the 2 days with many expressing wonder at the club as a hidden gem. Interest in membership is also still high despite the waiting list.

As well as architecture buffs, the tours are increasing attracting visitors who had parents and grandparents who had been members.

Film Club



Kedi

Saturday 25th October

Hundreds of thousands of Turkish cats roam the metropolis of Istanbul freely. For thousands of years they've wandered in and out of people's lives, becoming an essential part of the communities that make the city so rich. Claiming no owners, the cats of Istanbul live between two worlds, neither wild nor tame — and they bring joy and purpose to those people they choose to adopt. In Istanbul, cats are the mirrors to the people, allowing them to reflect on their lives in ways nothing else could.

Critics and internet cats agree — this cat documentary will charm its way into your heart and home as you fall in love with the cats in Istanbul

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Tickets £5

Bike Group



Led Rides

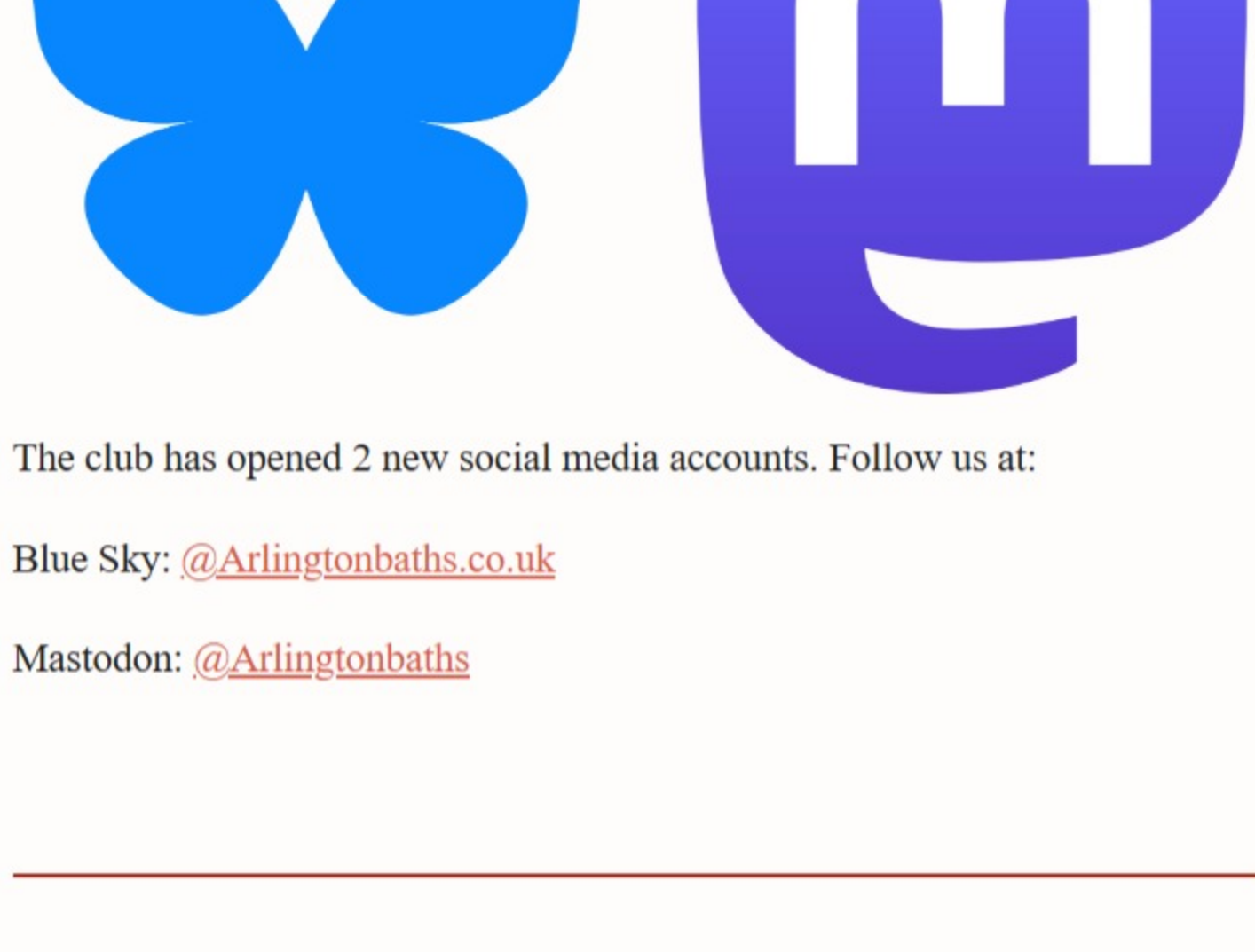
10am last Sunday of the month

The bike rides for September and October will be on **Sunday 28 September** and **Sunday 26 October at 10 am**. Our regular, last Sunday of the month, urban bike rides started in May 2024. These leisurely paced rides are an opportunity to enjoy the local area, on a bicycle, with like-minded people, and to better understand how Glasgow fits together when you're on a bike

Bring your own bike or you are welcome to borrow one from our new Bike Library. Limited places.

Book and / or reserve a bike here (free)

New Socials

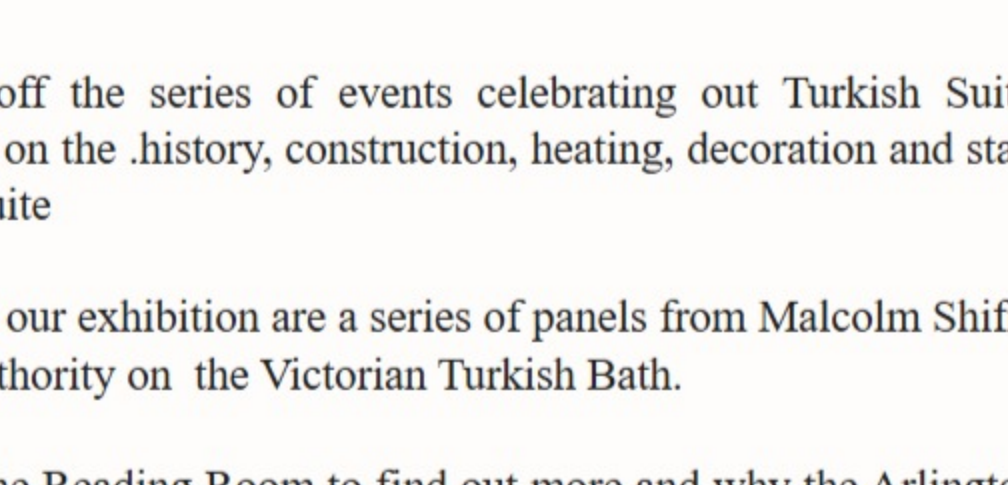


The club has opened 2 new social media accounts. Follow us at:

Blue Sky: [@Arlingtonbaths.co.uk](#)

Mastodon: [@Arlingtonbaths](#)

150th Anniversary of the Turkish Bath 1875 - 2025



Warm Room July 2024

We kick off the series of events celebrating our Turkish Suite, with an exhibition on the history, construction, heating, decoration and staffing of the Turkish Suite

Alongside our exhibition are a series of panels from Malcolm Shifrin Britain's leading authority on the Victorian Turkish Bath.

Pop into the Reading Room to find out more and why the Arlington's Turkish Bath is so special.

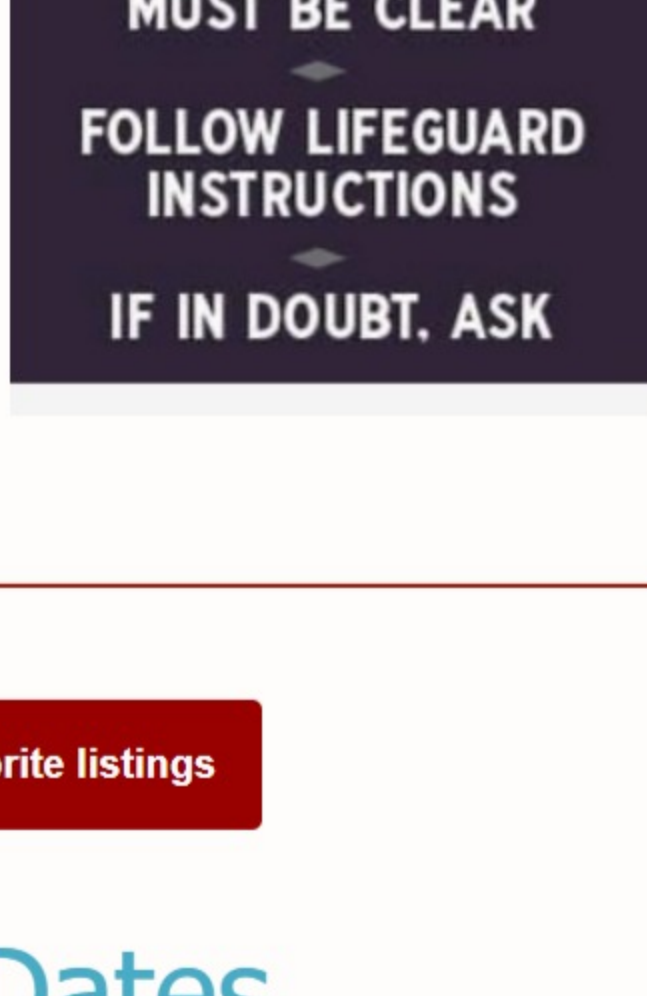
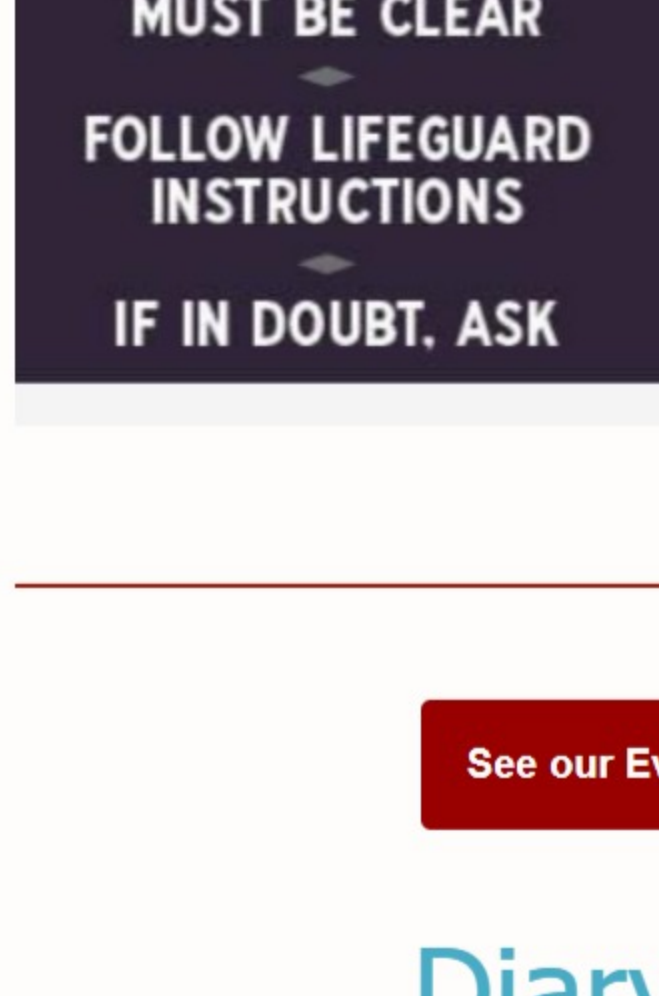
Malcolm's book on the subject is available to read in the members lounge.



Victorian Turkish Baths

Malcolm Shifrin

Staying Safe



See our Eventbrite listings

Diary Dates

20 - 21 September Doors Open Day Step into the

Arlington Baths Tours 10 - 2pm

20 September Turkish Bath Tours in the Reading Room

28 September Bike Ride

25 October Film Club - Kedi the cats of Istanbul

26 October Bike Ride



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