



## Arlington Update March 2025

### General Manager Update

#### New Tap-Out Reader Installed

We've installed a new tap-out reader at the baths exit. This will help us monitor club usage more effectively. Please remember to tap out as you leave.

#### Keep Your Valuables Safe

While incidents of theft are extremely rare, we strongly encourage all members to store valuables in lockers for safekeeping. The club cannot accept responsibility for loss or damage to any personal items left elsewhere. Help us maintain a safe and secure environment for everyone.

#### Changing Room Etiquette

To ensure a comfortable and tidy environment for all, please do not leave clothing or bags on seating and benches in the changing areas, especially during peak hours. Kindly use the hooks provided. Any clothing left on seating may be moved by club staff to keep these areas clear.

The Club is busier than it has ever been and members are reminded to be considerate of others when using the facilities:

- Ensure showers are turned off when not in use
- Keep outdoor shoes in the Slipper Room
- Do not put wet costumes on the seats in the Cool Room
- Swim in the middle of the pond lanes, NOT up one line and down another
- Deposit towels and sheets in the changing room bins or down the laundry chute



### Variations Marion Gardyne Exhibition

#### Members Preview 21 March 2025

Club member and artist Marion Gardyne's exhibition Variations opens on Friday 21 March at 6pm. Members and friends are very welcome to join Marion and special guest [David Mach RA](#) in the Reading Room for refreshments and nibbles.

Marion is a previous award winner of the Paisley Arts Institute awards, an artist member of The Glasgow Society of Women Artists and a judge for the Glasgow Institute of Architects Design Competition. She was invited to be a judge and present the prizes for the annual Childrens Art Competition held at Kelvingrove and Burrell Galleries.

She graduated from DICAD Dundee in printed textile design and weaving, is a retired teacher and presents workshops to adults and children for [The Art Department](#), Paisley.

To help manage numbers:

[Reserve a spot \(free\)](#)

### Film Club



#### The Outrun 29 March 2025 6pm

Rona returns to Orkney after more than a decade away living to excess in London. As she reconnects with the dramatic landscape where she grew up, memories of her childhood merge with the more recent challenging events that have set her on the path to recovery. Orkney at its wildest and most beautiful proves to be Rona's salvation.

*"Saoirse Ronan is mesmerising in sobering addiction drama" - The Guardian*

Based on the memoir by Amy Liptrot and directed by Nora Fingscheid, with Freya Evans, Saoirse Ronan, Paapa Essiedu and Seamus Dillane, The Outrun is a raw and powerful drama that explores addiction, recovery and mental health, revealing how nature and human connection can restore life and rekindle hope.

Certificate: 15

Running time: 118 minutes

[Tickets £5](#)



### Borscht Film Club

Borscht show Polish language films in both Edinburgh and Glasgow. The Glasgow locations are either the [Polish Club](#) on Parkgrove Terrace or the [The Pyramid](#) Anderston, both not far from the Club.

Members of Borscht have attended Arlington film screenings and vice versa and have kindly offered Arlington members a discount on entry to their screenings. Normal ticket price £10 or show your Arlington card and get in for £6.

Info about their screenings and links to their socials can be found here <https://linktr.ee/borschtfilmclub>.

### Bike Group



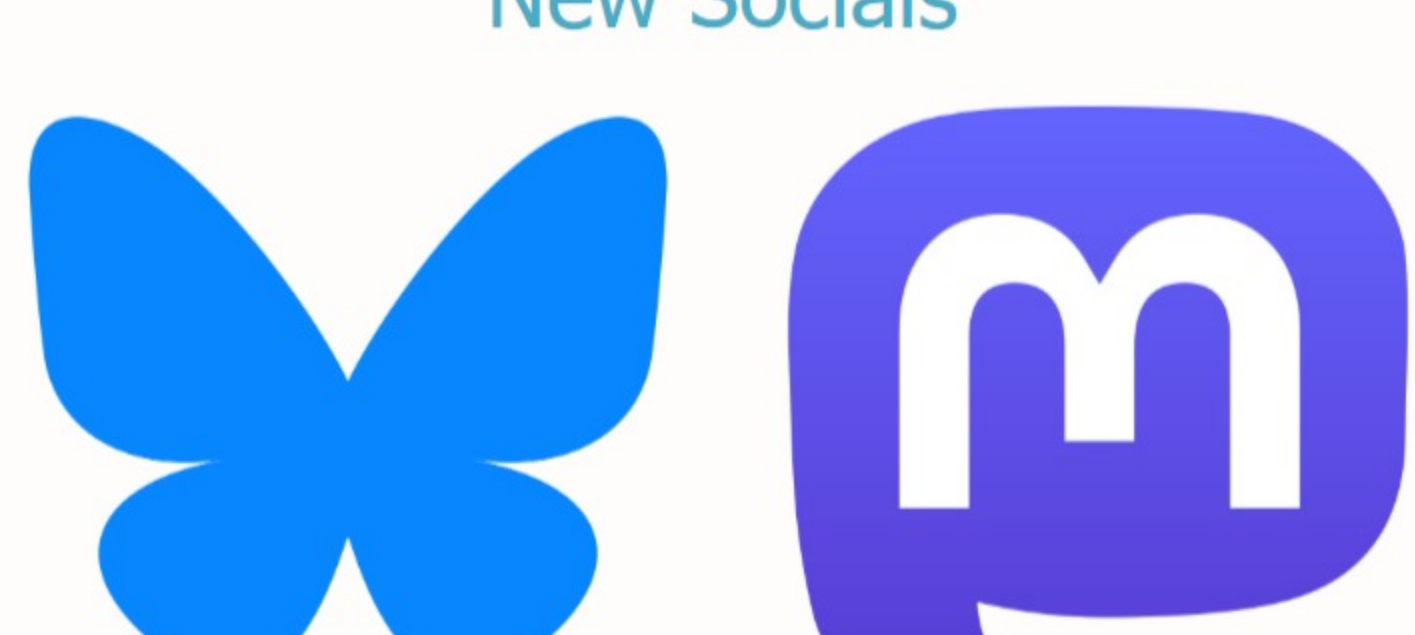
#### Led Ride 30 March 2025 10am

March's bike ride will be on Sunday 30 March 10 am. Join us for a leisurely 10 - 12 mile cycle returning to the Club around 12.30. This is an opportunity to enjoy the local area, on a bicycle, with like-minded people.

Bring your own bike or you are welcome to borrow one from our new Bike Library. Limited places.

[Book and / or reserve a bike here \(free\)](#)

### New Socials



The club has opened 2 new social media accounts. Follow us at:

Blue Sky: [@Arlingtonbaths.co.uk](#)

Mastodon: [@Arlingtonbaths](#)

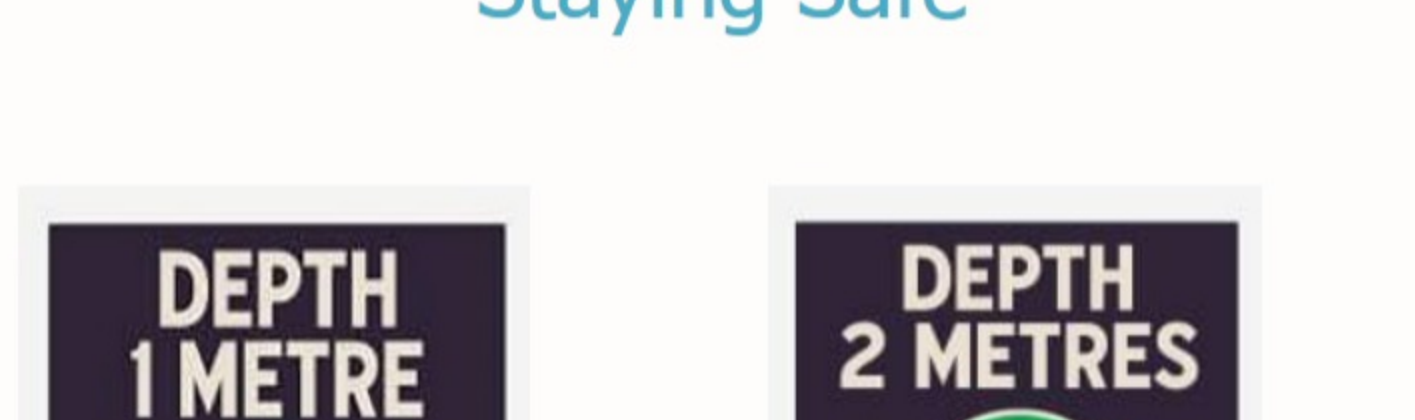
### 150th Anniversary of the Turkish Bath 1875 - 2025



Warm Room July 2024

The Turkish Suite was added to the Club along with the Foyer and Member's Lounge with the 1875-76 extension of the building. As with the 150th anniversary of the formation of the Club, there will be a series of events during 2025/26 to celebrate the Turkish Suite. Please send any suggestions to the General Manager.

### Staying Safe

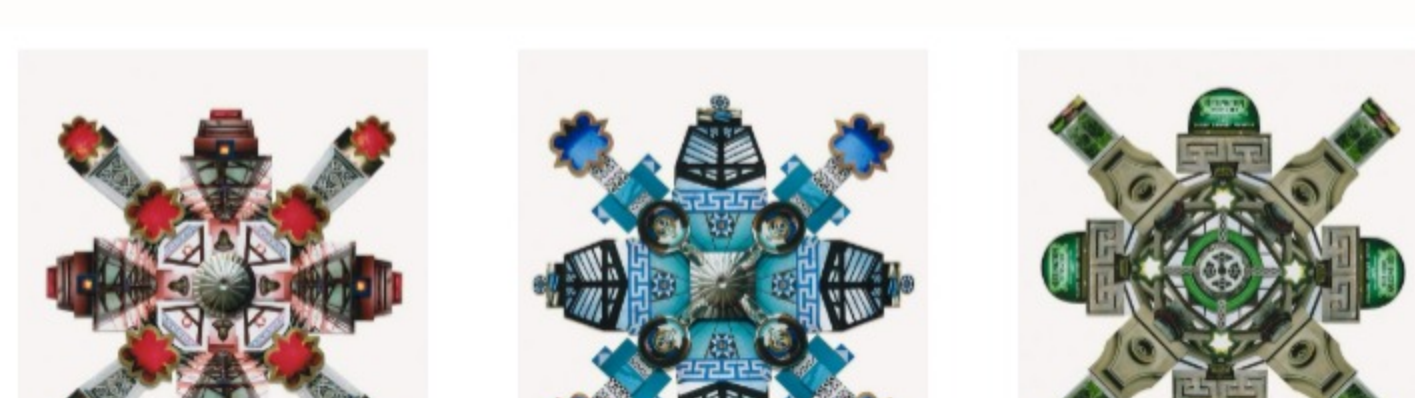


### Diary Dates

21 March - Marion Gardyne Exhibition

29 March - Film Night - The Outrun

30 March - Cycle Ride



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Keep in touch

